

Nebraska Problem Gamblers Assistance Program

New Client Data

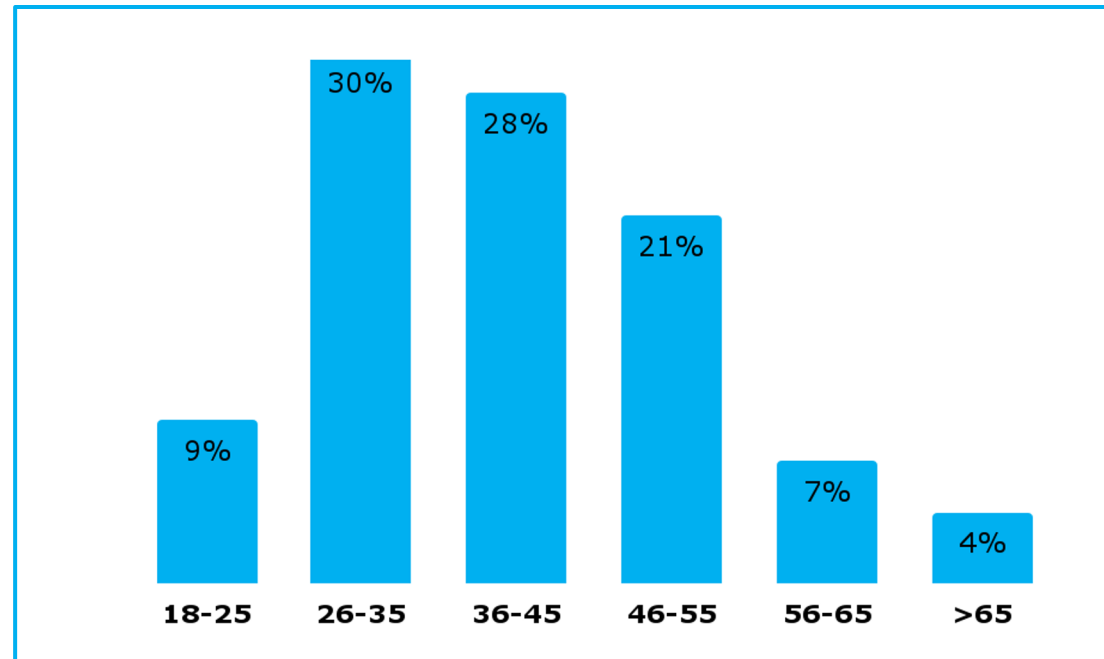
July 2022 – June 2023

Demographics

Age at time of admission

40.3: Average age of gamblers at time of admission

51% of gamblers are millennials (born 1981-1996)

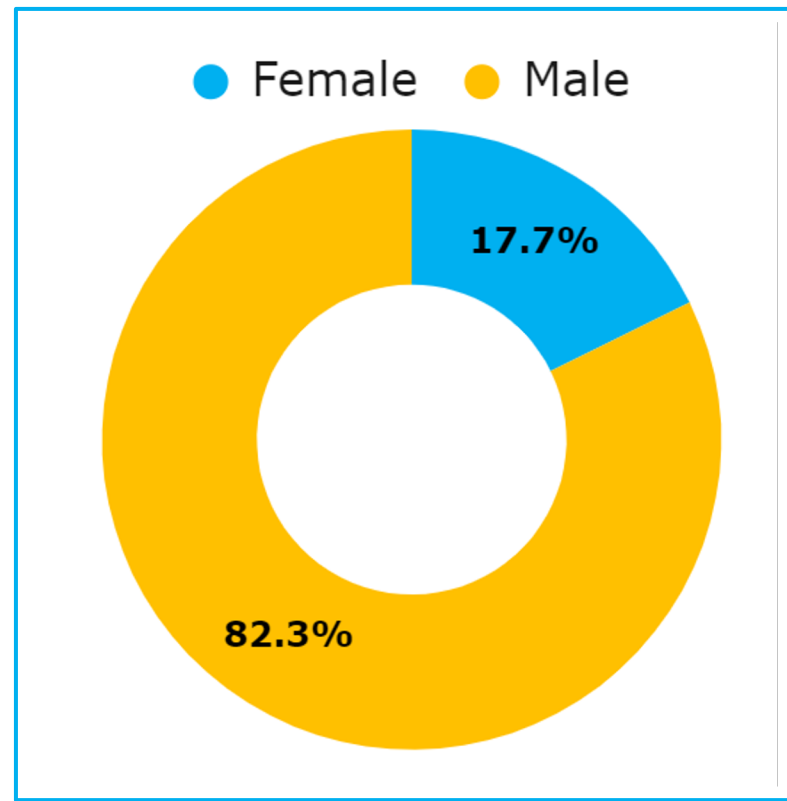


N = 171

Female clients are an average of **9.5 years older** than male clients in long-term care (48.1 vs. 38.6 years of age, respectively)

Demographics

Gender

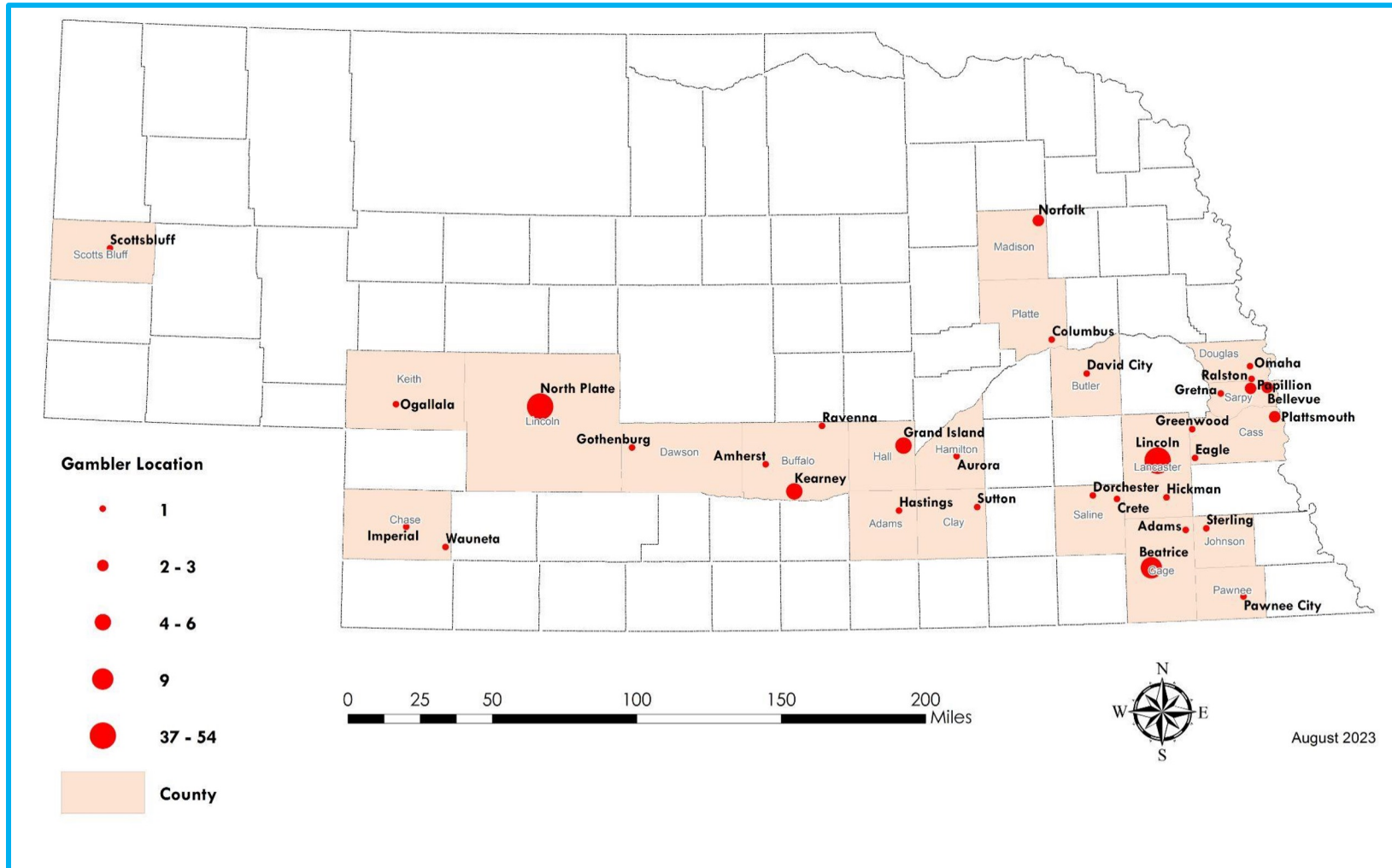


N = 175

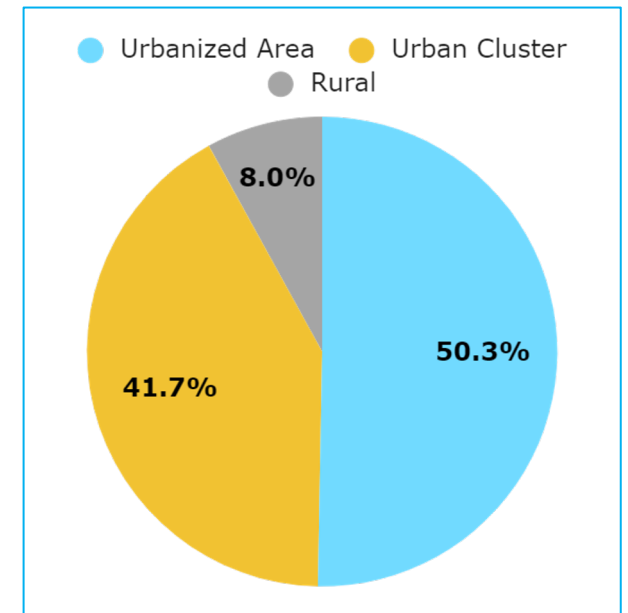
82.3% of clients (gamblers) who receive **long-term care** are males.

Location of NPGAP clients

Clients live in 33 cities, representing 21 counties across Nebraska

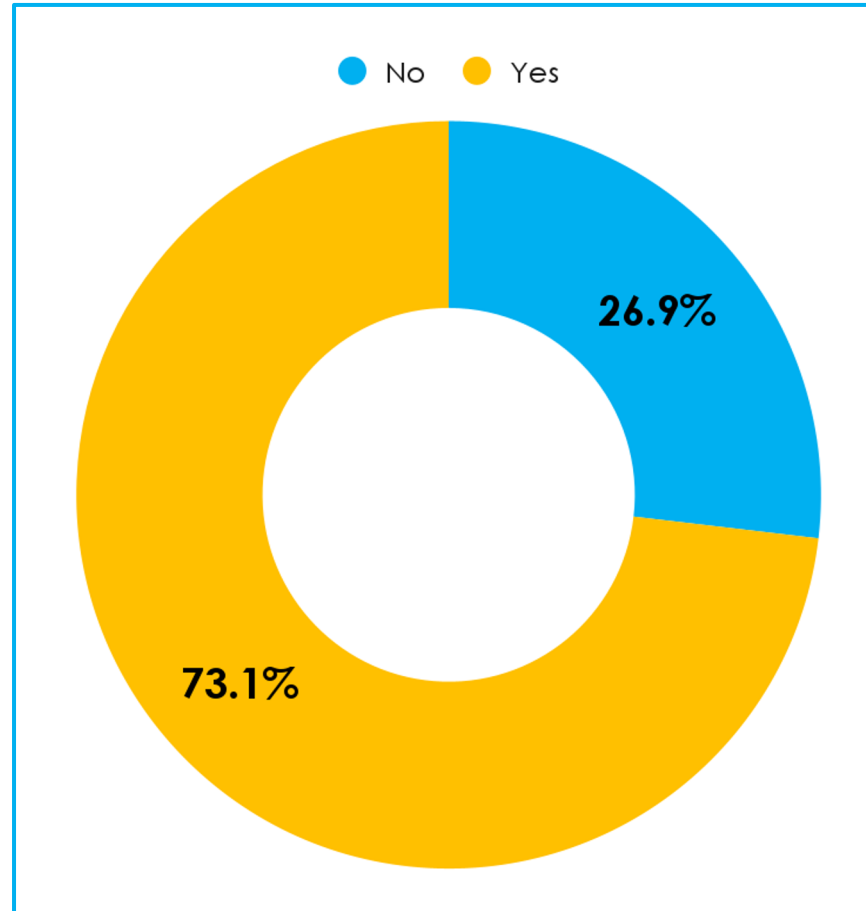


50.3% of clients who receive NPGAP services live in **urbanized areas** (i.e., Omaha and Lincoln metro areas), **41.7%** live in **urban clusters** (middle size communities), and **8%** live in **rural** areas.



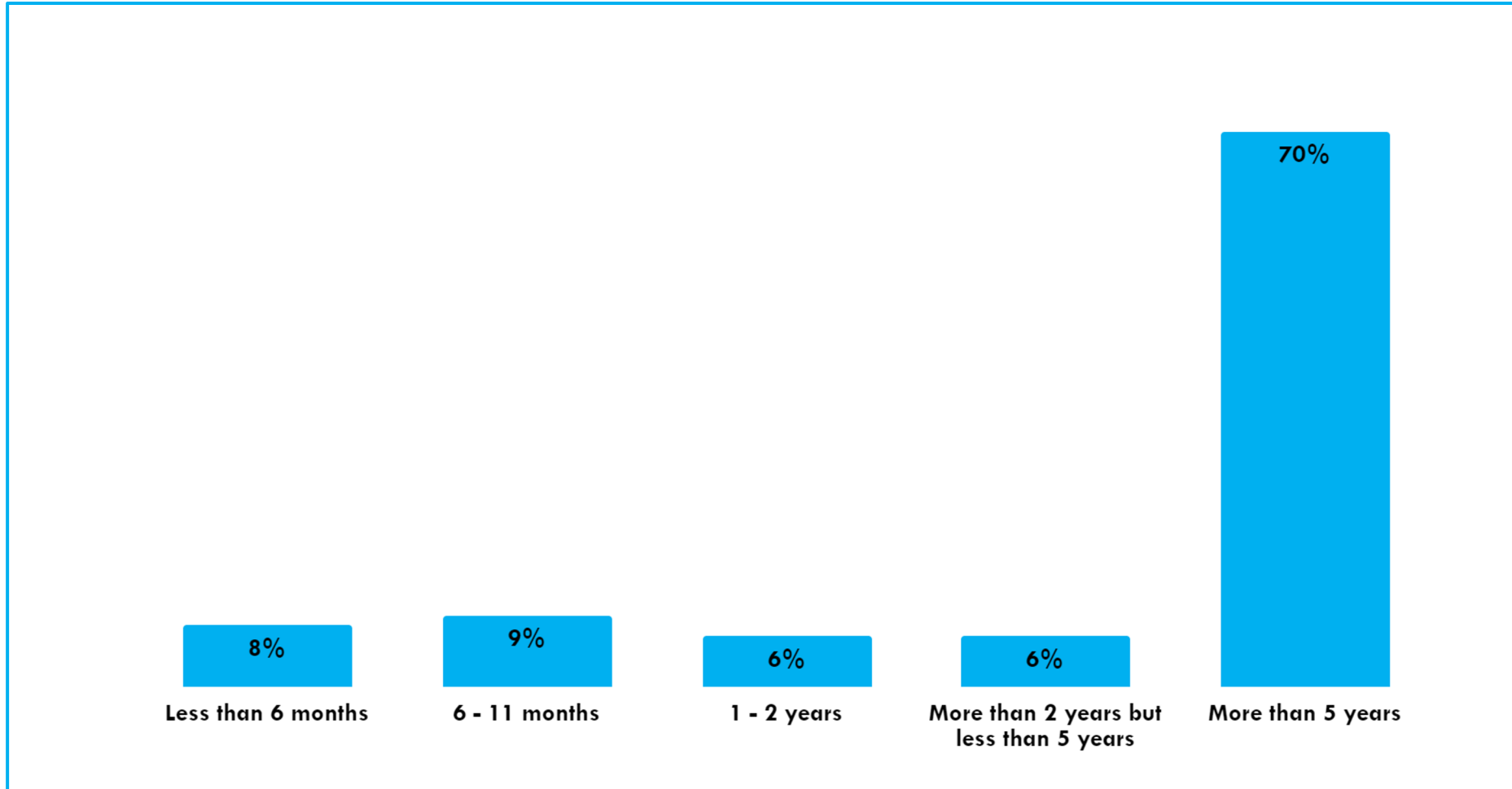
Urbanized Areas: 50,000 or more people
Urban Clusters: At least 2,500 and less than 50,000 people
Rural: Any population, housing, or territory outside urban areas

Is this your first admission to counseling for problem gambling?



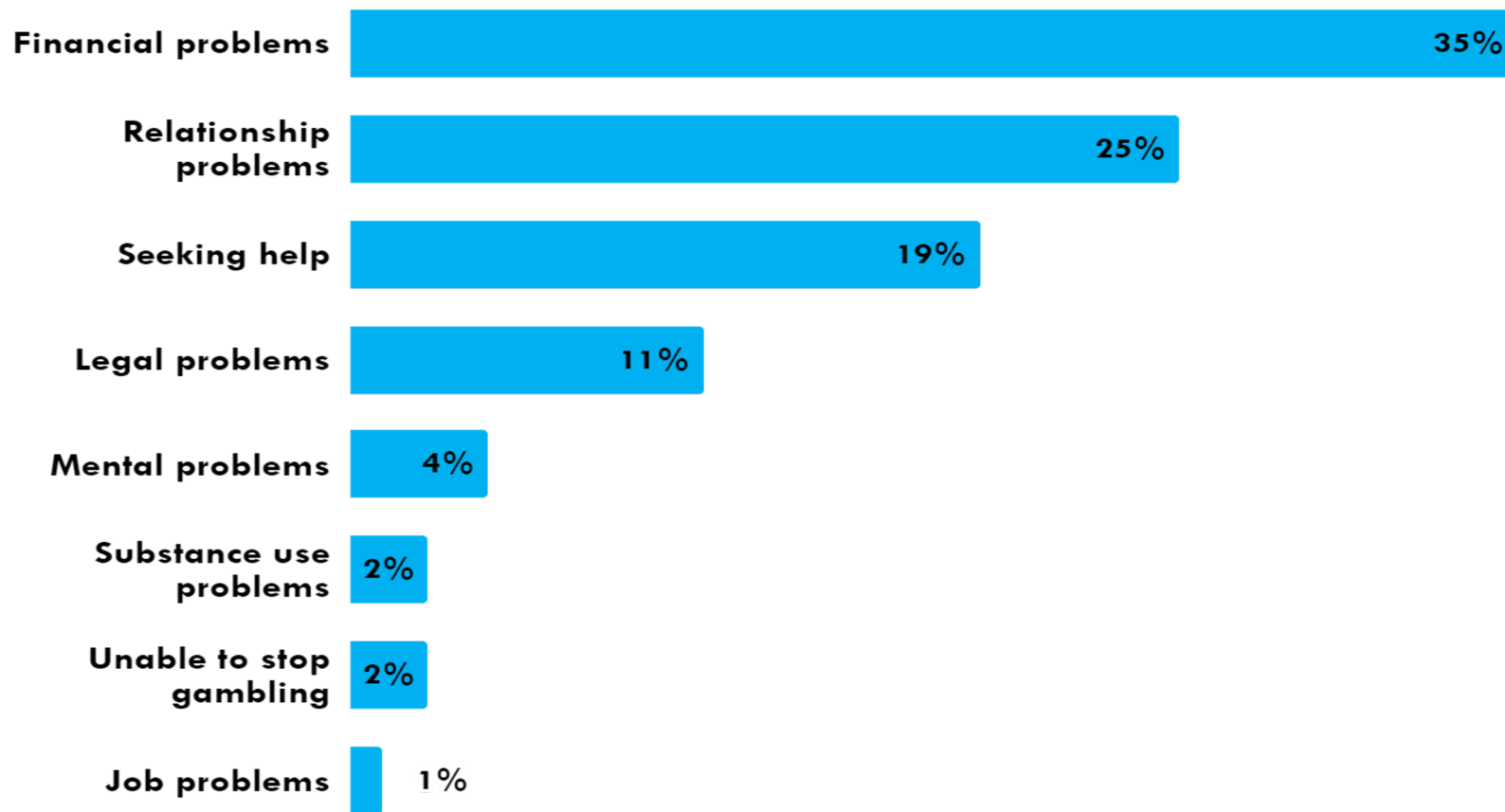
N = 175

How long did you think about getting help before you decided to get help?



N = 154

What was your primary motivation to seek help for your gambling problem?



N = 173

"Want to stop causing pain for my wife and children."

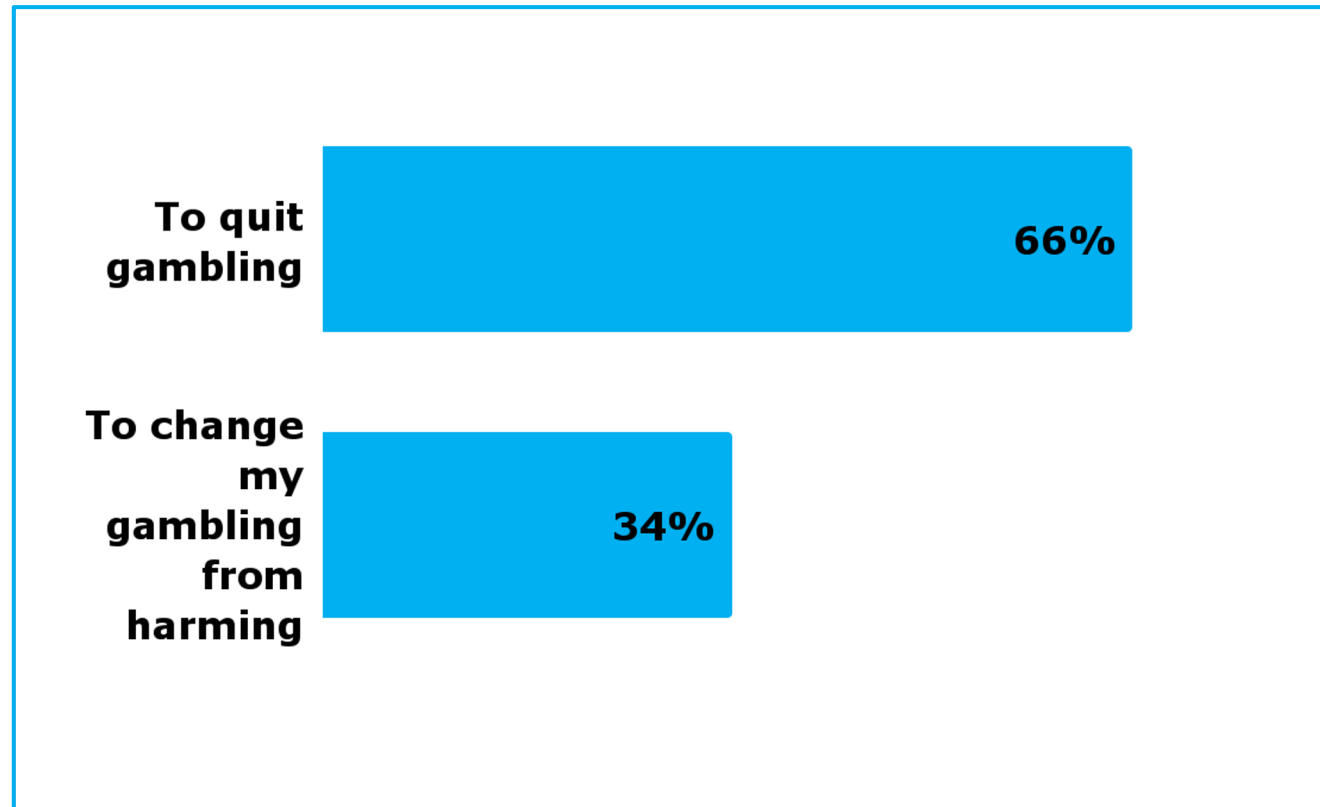
"To stop gambling my paychecks away."

"my gambling has left me devastated financially, emotionally, and even physically."

"Tired of how it makes me feel depressed and suicidal."

"it affects my family because i'm always broke."

Your goal for treating your gambling addiction is?

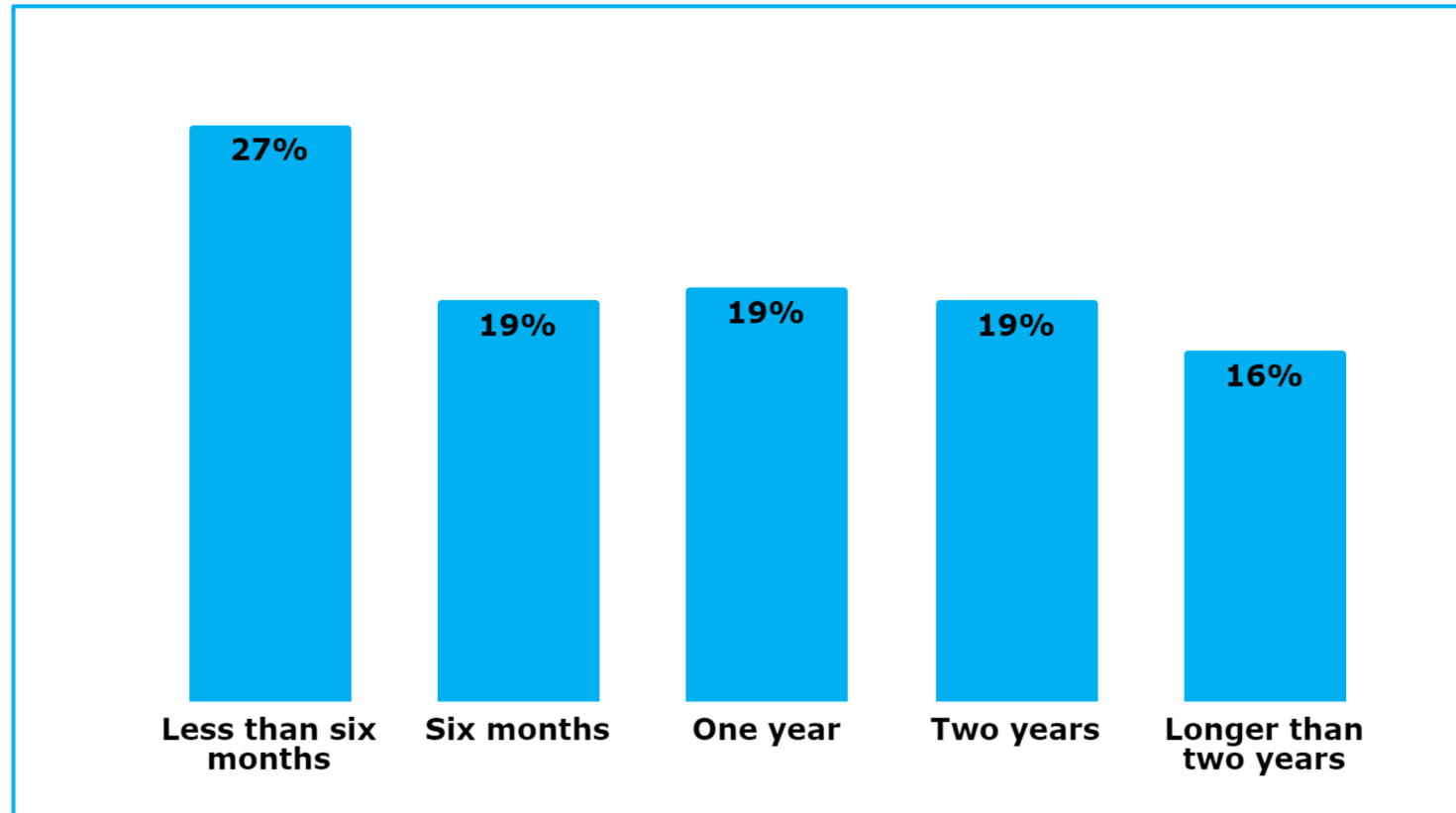


N = 170

66% of clients (gamblers) mention “To quit gambling” as a goal to treat their gambling addiction.

60% of female client’s goal is to quit gambling, compared to **68% of male clients** whose goal is to quit gambling.

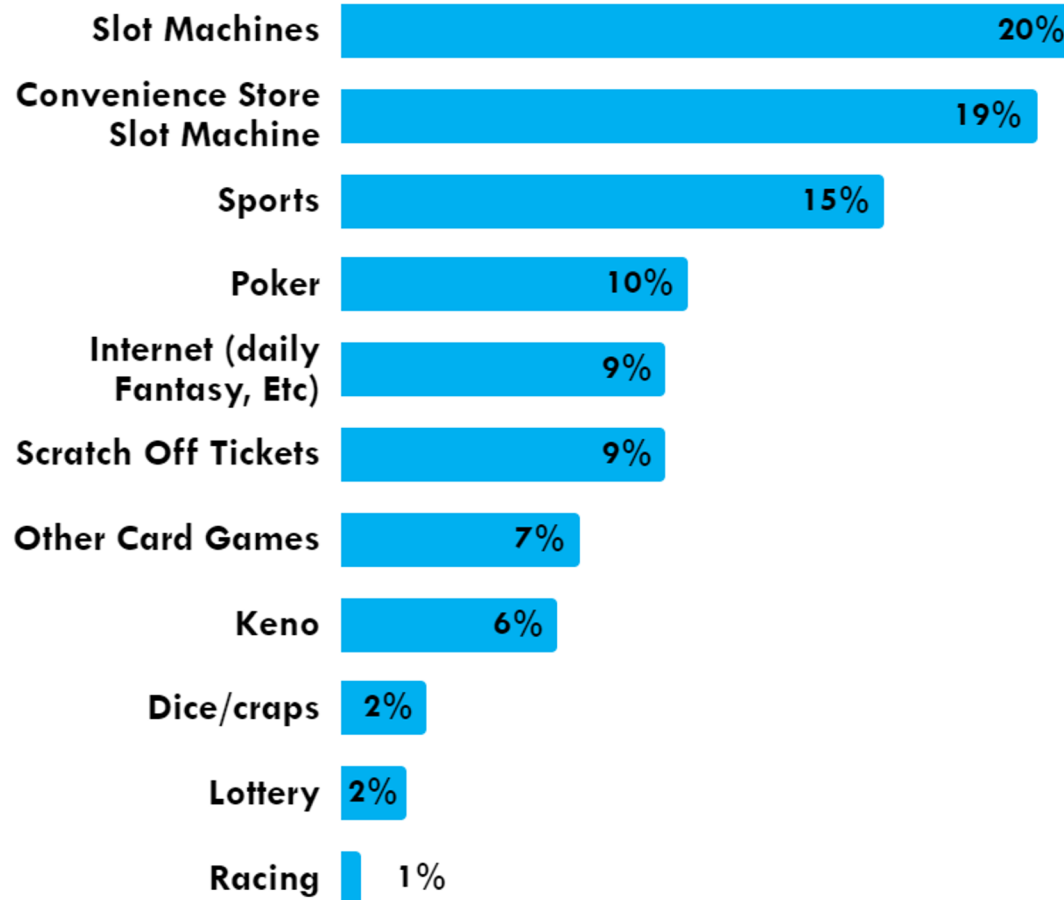
How long do you believe it will take to change your gambling?



N = 171

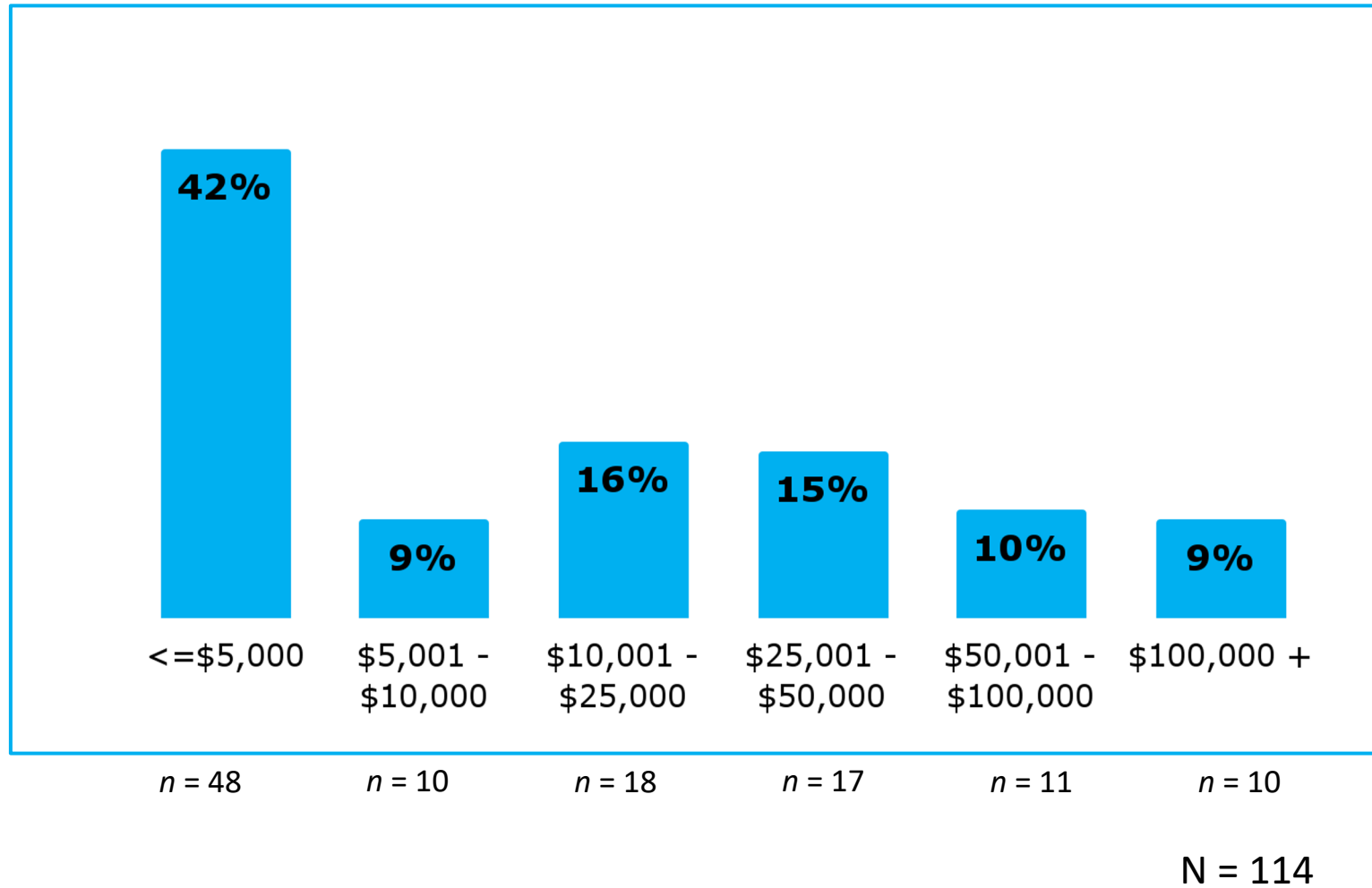
65% of clients (gamblers) believe that it will take them one year or less to change their gambling.

What was your first choice of gambling activity in the last 12 months?



N = 166

Gambling debt



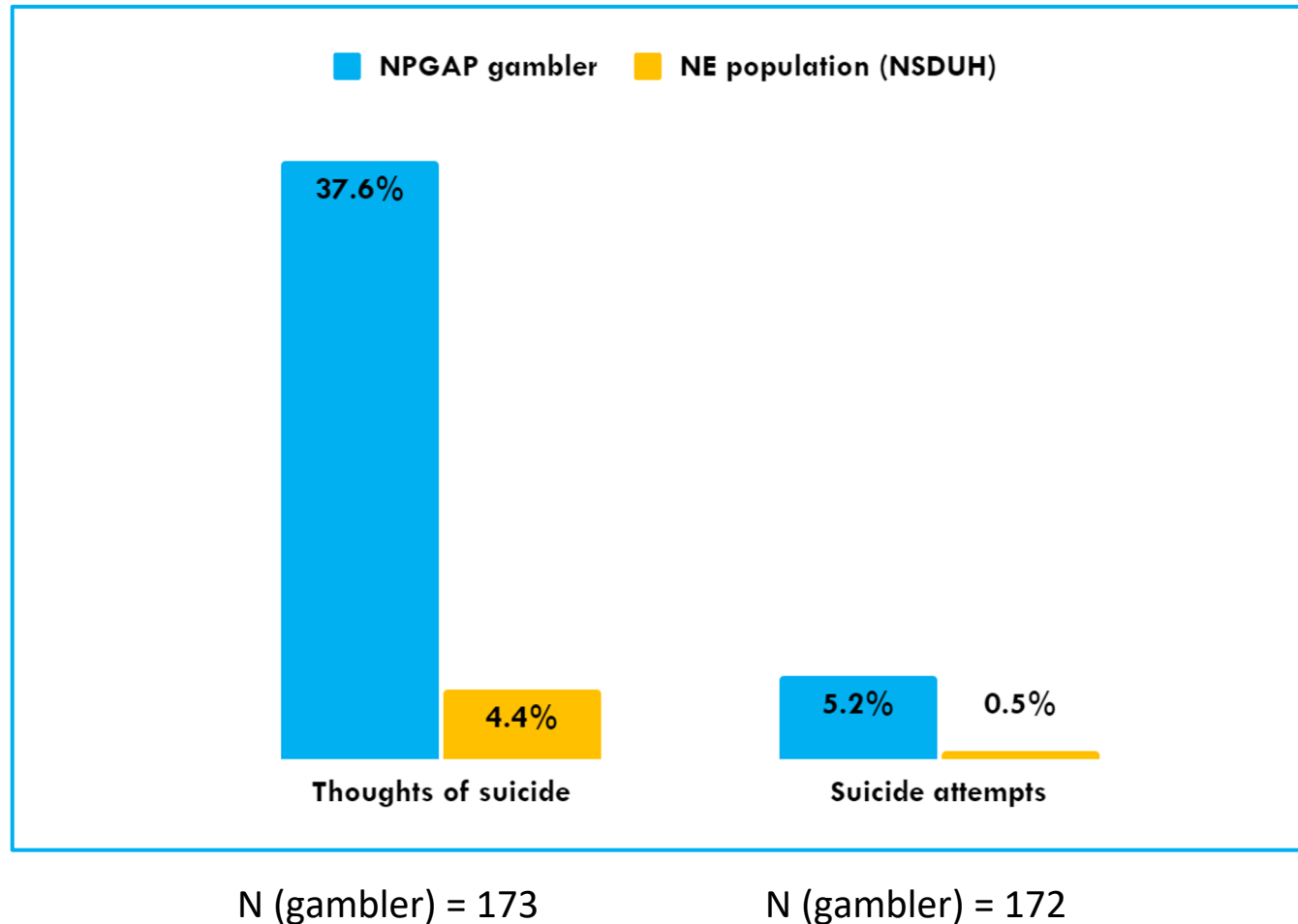
Percent of gamblers with gambling debt: **68%**

114 out of 168 of clients (gamblers) report gambling debt totaling: **\$4,114,075**

Median gambling debt: **\$10,000**

Average gambling debt: **\$36,088**

NPGAP gambler rates of suicide thoughts and attempts compared to NSDUH data



NSDUH Nebraska data

- Suicide thoughts: 4.4%
- Suicide attempts: 0.5%

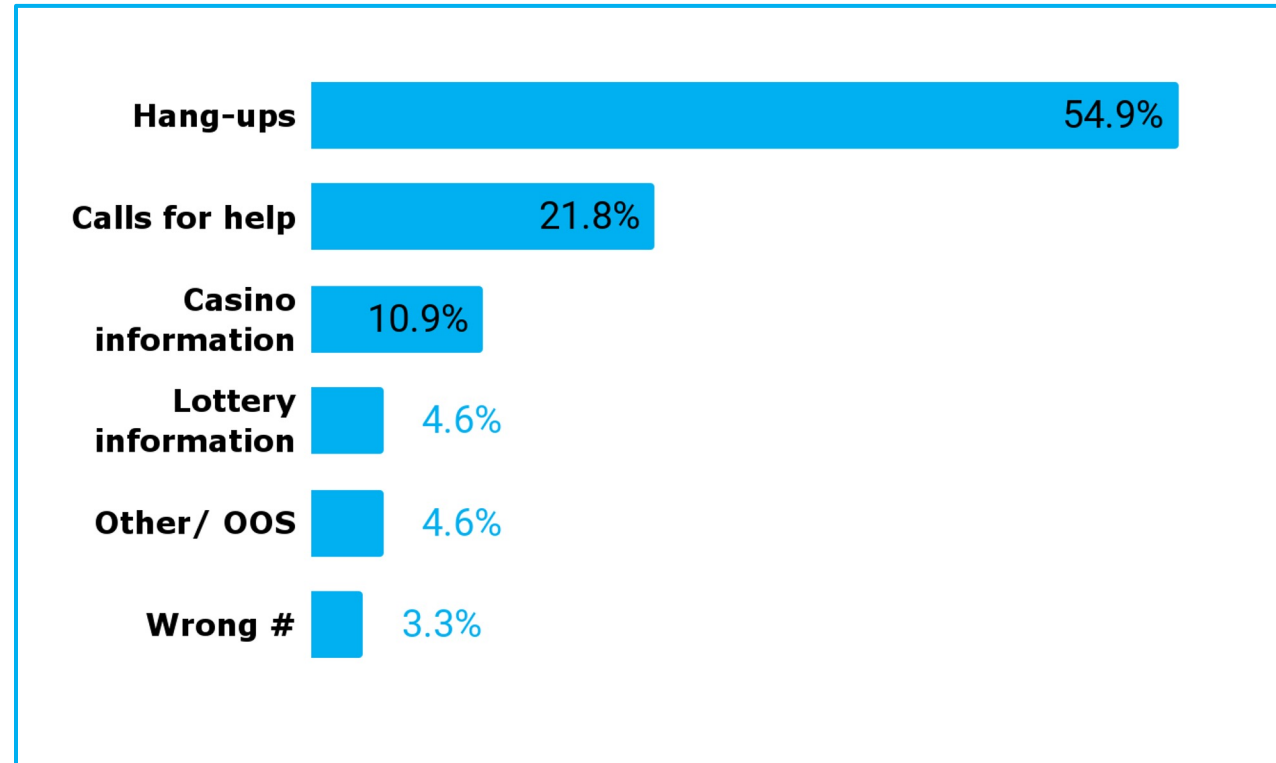
Source: 2015–2019 National Survey on Drug Use and Health (NSDUH)

Nebraska Problem Gamblers Assistance Program

Nebraska Problem Gamblers Assistance Program – Helpline

July 2022 – June 2023

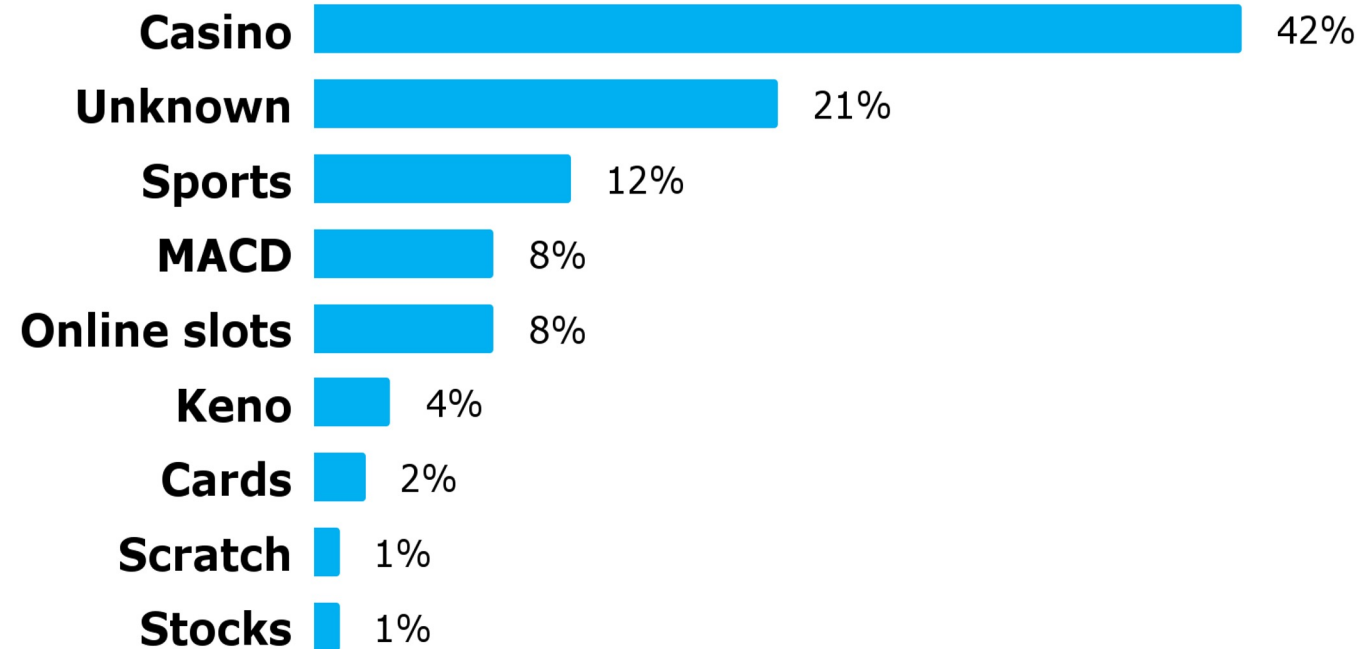
Call types per month



Total number
of calls: **395**

Calls for help
increased **34%**
compared to FY 2022

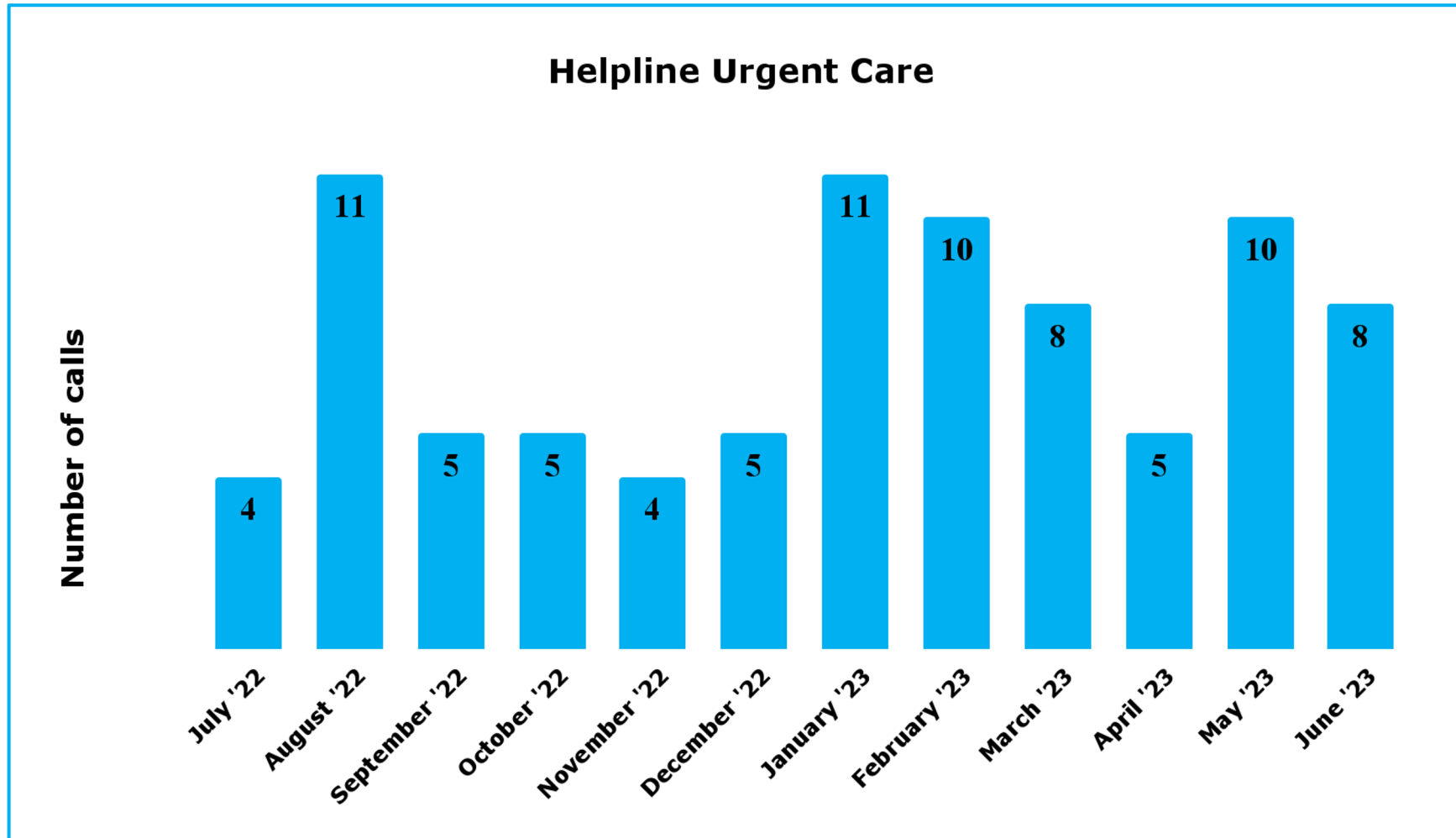
Type of gambling



*MACD: Mechanical Amusement Cash Device

N = 85

Calls for help per month



N = 86

Total number of
calls for help:

86

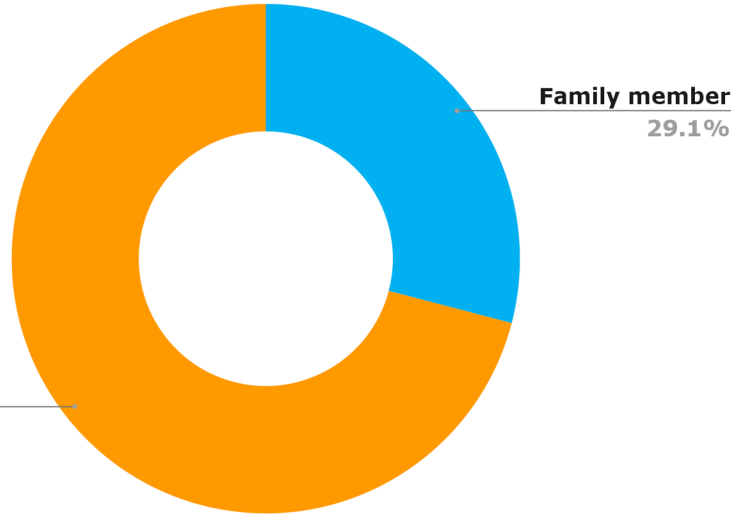
Average
number of
urgent calls
per month:

7

Helpline demographics

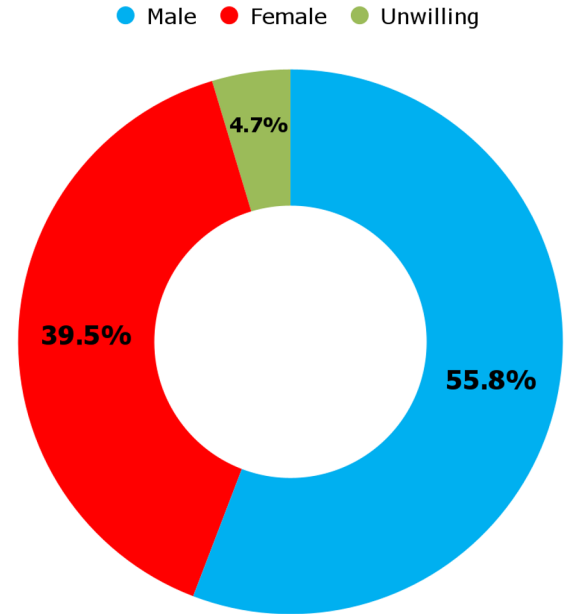
Seven out of ten callers are gamblers.

Gambler
70.9%



N = 86

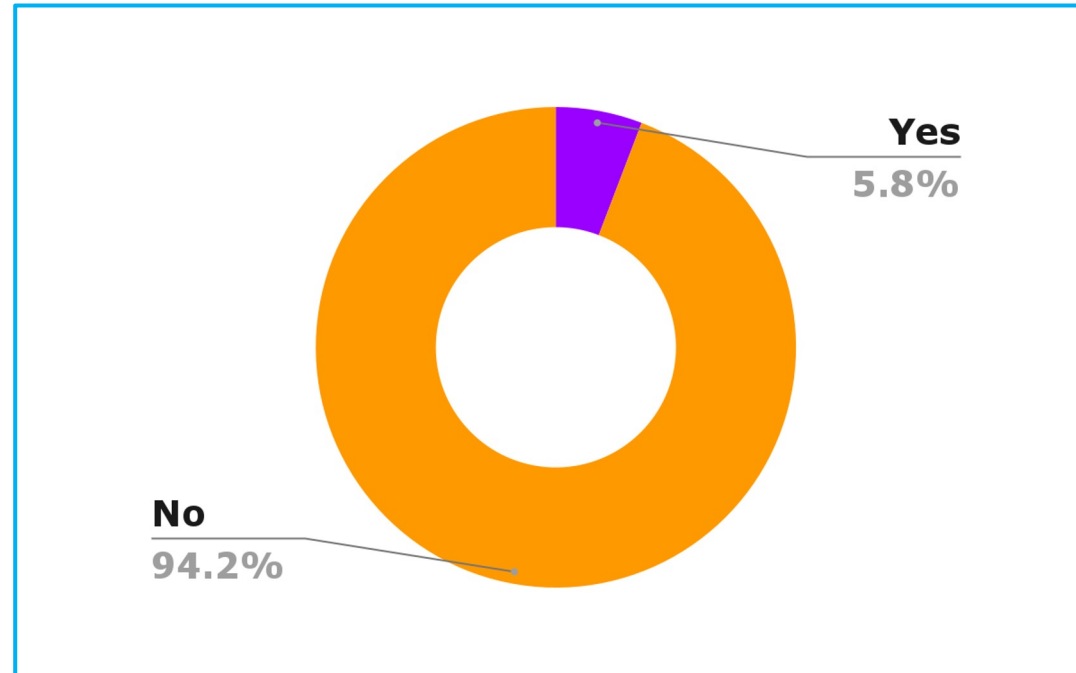
Nearly six out of ten callers are males.



N = 86

Suicide data (Helpline)

5.8% of
clients
report
considering
suicide



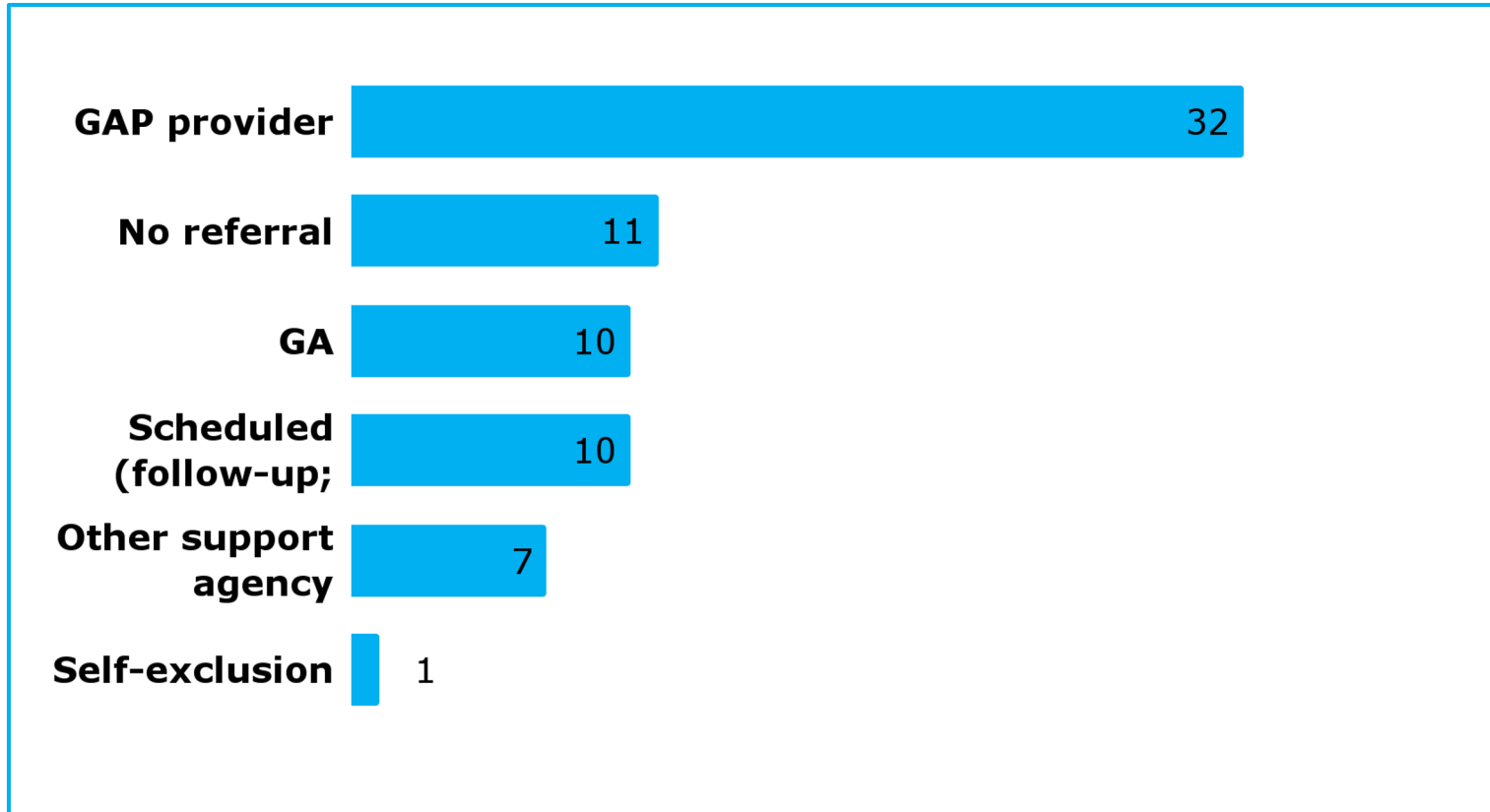
NSDUH Nebraska data

- Suicide thoughts: 4.4%
- Suicide attempts: 0.5%

Source: 2015–2019 National Survey on Drug Use and Health (NSDUH)

N = 86

Referrals



N = 71

45% ($n = 32$) of callers are referred to a GAP provider.

3 out of 10 callers request “in person counseling”.