

**Nebraska Gamblers Assistance Program
GAP DATA PROGRESS REPORT - Gambler Client**

2020-2021
CONTRACT YEAR

Your answers are confidential. Thank you.

Agency Name: _____ Date: ____/____/_____

CLIENT DOB: ____/____/_____	CLIENT ID: _____
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Progress Report:	<input type="checkbox"/> First 90 days <input type="checkbox"/> June 30 <input type="checkbox"/> December 31
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Date of admission:	____/____/_____
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Date of last visit:	____/____/_____
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How would you describe your gambling today compared to when you started counseling?	<input type="checkbox"/> Less <input type="checkbox"/> No change <input type="checkbox"/> More
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Change in gambling debt since counseling started:	<input type="checkbox"/> Decreased <input type="checkbox"/> No change <input type="checkbox"/> Increased
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Times you have gambled since the last visit:	<input type="checkbox"/> 0/None <input type="checkbox"/> 6 – 10 <input type="checkbox"/> 1 – 5 <input type="checkbox"/> 11 +
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Number of workdays you have missed in the last 90 days due to gambling:	_____
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1) If your goal was to quit gambling, at what stage are you right now (please circle one):

Stage 1	You are not interested in changing. You do not want to think or talk about it. You do not see gambling as a problem. Others may have told you that your gambling is a problem for them.
Stage 2	You might begin to see your gambling has a downside but you are not ready to give it up. You may be more willing to talk about it. You are unsure about changing but you are mulling it over.
Stage 3	You may set clear goals to change, such as setting time and money limits on when and how much you will gamble. You might be thinking about making bigger changes. You might consider taking a short break from gambling to get some perspective.
Stage 4	You take action. You reduce or stop gambling. Your gambling is a problem that needs your attention. This stage may take more of your time and energy. You may slip up and gamble again. Many people slip, or relapse, learning as they go.
Stage 5	You have decided to stop gambling for six or more months, and you work hard to maintain this success. Gambling slips occur, and while upsetting to you or your family, a slip up helps you understand the problem better and strengthens your resolve to change.

2) If your goal was to learn to gamble responsibly, did you:

Gamble for entertainment only?	Never	Rarely	Sometimes	Often	Always
	1	2	3	4	5
Set a dollar limit and stick to it?	Never	Rarely	Sometimes	Often	Always
	1	2	3	4	5
Set a time limit and stick to it?	Never	Rarely	Sometimes	Often	Always
	1	2	3	4	5
Gamble with credit or borrowed money?	Never	Rarely	Sometimes	Often	Always
	1	2	3	4	5
Gamble to win back what you lost?	Never	Rarely	Sometimes	Often	Always
	1	2	3	4	5
Treat your losses as the cost of your entertainment?	Never	Rarely	Sometimes	Often	Always
	1	2	3	4	5
Expect to lose?	Never	Rarely	Sometimes	Often	Always
	1	2	3	4	5
Create balance in your life?	Never	Rarely	Sometimes	Often	Always
	1	2	3	4	5
Gamble as a way to cope with emotional or physical pain?	Never	Rarely	Sometimes	Often	Always
	1	2	3	4	5
Become educated about the warning signs of problem gambling?	Never	Rarely	Sometimes	Often	Always
	1	2	3	4	5

THIS SECTION COMPLETED BY COUNSELOR

Number of hourly counseling sessions since admission: _____	Number of hourly counseling sessions since last report: _____
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Please provide DSM-V score for this client:

At admission	At last Progress Report	At this Progress Report

Counselor's additional type notes of progress during therapy:

PROGRESS REPORT FORM REVIEWED BY COUNSELOR FOR COMPLETENESS

(please sign and date below):

Signature

____/____/_____
Date